

# 100% POLYGRAPHED & URINALYSIS TESTED

## 2016 Capital Classic & EXPO AMATEUR ENTRY FORM

BODYBUILDING | FIGURE | BIKINI | MEN & WOMEN PHYSIQUE



### DATE:

**MAY 28, 2016**

### LOCATION:

Carver High School Auditorium  
2001 Fairview Ave Montgomery, AL 36108

### SANCTIONING:

One World United - Natural Bodybuilding Alliance

### PROMOTERS:

Rayflex & Gail Adkison (334) 669-4225

### CONTACT INFORMATION

Website: [WWW.RAYFLEXGEARING.COM](http://WWW.RAYFLEXGEARING.COM)

Email: [RAY@RAYFLEXGEARING.COM](mailto:RAY@RAYFLEXGEARING.COM)

Fax: 334-239-7116

### CONTEST TIMES:

Prejudging 9:00am | Finals 5:00pm

### TICKET PRICES: Contact Promoter(s)

Prejudging \$20 | General Admiss \$25

Back stage pass \$10

Children (ages 10 & under \$10)

### AWARDS:

Awards will be given to the TOP 5 in all divisions, plus overall. Various awards will be awarded to winners.

### HEIGHT CLASSES:

Height will apply in novice and open categories.

Promoter reserves the right to adjust classes.

### MR & MS NATURAL ALABAMA:

Must be a state resident to compete for the Mr & Ms Alabama State titles

### HOTEL:

Double Tree  
120 Madison Ave  
Montgomery, AL 6104  
334-245-2320

### BODYBUILDERS POSING ATTIRE:

Posing suits must be worn and be of solid color, opaque, devoid of embroidery, stripes or other embellishments. Accessories are not permitted including jewelry.

At finals, accessories & props attached to body may be used.

### FIGURE POSING ATTIRE:

Two piece swimsuits and heels. No thongs may be worn in either round. Embroidery or embellishments are allowed on suits.

### BIKINI POSING ATTIRE:

Two piece swimsuits and heels. No thongs may be worn in either round. Embroidery or embellishments are allowed on suits  
50% coverage, Photo must be sent to confirm eligibility

### MALE PHYSIQUE ATTIRE:

Wear board shorts, just above knee in length & 1' below the belly button. No spandex or logos are permitted on shorts, however a manufacturer's logo such as Nike or Billabongs are acceptable. No foot wear, No body accessories

**POSING MUSIC:** Bodybuilders will pose to music of their choice at night finals only. If you are entered in more than one class, you will pose only once. Music will be limited to 60 seconds. Music must be cued to start and recording must be of good quality. Music should be emailed to the address below in MP3 or MP4 format or Junk drive. NO CD's accepted. After Friday House music will be used!

Figure, Bikini & Male Physique will walk to house music.

### Entry, Membership & Drug testing fees:

The entry fee is **\$70** for the initial division and **\$40** for each cross over division. Entries must be received no later than May 21st, or a late entry penalty of **\$50** will be applied.

A Required One World United-NBA(One World United-Natural Bodybuilding Alliance) membership fee is **\$75.00**  
Available online or at Check in

Every competitor is polygraphed set by appointment with promoter. First come, first serve. Fee for polygraph & Urine is **\$50**. Promoters has the right to test and retest prior to or after the show. **NO Refunds will be given!**

Total fees due \$ \_\_\_\_\_

### ELIGIBILITY:

The competition is open to all physique athletes who have not at any time during the 84 months prior to the day preceding this event, engaged in the personal use of anabolic steroids, other growth enhancing drugs, or Rx diuretics used to prepare for this competition or OTC diuretics used seven days prior to event. Refer to the banned substance list or contact promoter for any questions.

### PAYMENT: Send entry form w/ fees to:

Make money order or certified check  
Rayflex & Gail Adkison C/O  
Rayflex Community Health & Wellness Foundation,  
5683 Carriage Brook Rd, Montgomery, AL 36116

### WAIVER & RELEASE

I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and release any and all rights and claims for damages I may have against the facility, owners, One World United-Natural Bodybuilding Alliance, the promoters, and any sponsors, agents, or representatives for any injuries suffered by me as a result of my participation and/or losses suffered by me as a result of my participation and/or attendance at this contest.

I hereby grant the promoters, One World United-NBA, any approved magazine, video or entertainment organization and all of their agent's successors, licensees and assignees, the right to photograph or otherwise reproduce my voice, appearance and name and exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, printing, or any other medium now known or hereafter devised, including audio with respect to any merchandising, advertising, and/or publicity and the right to use my name and information about me in connection with any of the foregoing. No further compensation shall be payable to me at any time in connection therewith.

Nothing contained herein shall be deemed to obligate, One World United-NBA and/or any magazine, video or any approved video entertainment organization to photograph or otherwise reproduce my voice, appearance or name, or to make use of any of the rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further comment.

I agree to abide by the decision of the One World United-NBA, and/or contest promoters concerning my participation in a One World United-NBA sanctioned contest pending the results of any form of testing used to detect use of banned substances with the One World United-NBA. I understand that the administrator or laboratory utilized for substance screenings is the choice of the One World United-NBA and/or the promoters, and agree to accept the results of said testing, whatever they may be. I hereby waive and release any claims or demands against the One World United-NBA, its representatives, sponsors and promoters that may arise out of my participation in a One World United-NBA sanctioned event or my membership with the One World United-NBA.

**Signature:** \_\_\_\_\_

**NO PERSONAL CHECKS. PLEASE MAKE MAIL POSTAL MONEY ORDER OR CERTIFIED CHECK PAYABLE TO:  
Rayflex Community Health & Wellness Foundation or Rayflex Adkison 5683 Carriage Brook Road Montgomery, AL 36116.**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_  
(You will be required to sign a release as standard procedure if you are under 18, signature of a parent or legal guardian is required)

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Your Complimentary T-shirt Please check size:  Small  Medium  Large  X-Large

### **PAYMENT INFORMATION:**

Credit card# \_\_\_\_\_ Expire: \_\_\_\_\_ CVC \_\_\_\_\_ Billing Zip Code \_\_\_\_\_

### **AMATEUR CLASSES:**

- Novice Bikini
- Novice Figure
- Novice Men BB
  
- Masters Men BB 50+
- Masters Men BB 60+

### **Pro Qualifiers**

- Open Bikini (NO crossover to figure)
- Masters Bikini 40+
- Open Figure
- Masters Figure 40+
- Women Physique/Women BB
- Masters Women Physique/Women BB 40+
- Open Men BB
- Masters Men 40+
- Open Male Physique (NO crossover to BB)
- Masters Male Physique 40+

### **Mr & Ms Alabama**

- Mr Alabama BB
- Mr Alabama Masters BB 40+
- Mr Alabama Male Physique
- Mr Alabama Masters Male Physique 40+
- Ms Alabama Bikini
- Ms Alabama Masters Bikini 40+
- Ms Alabama Figure
- Ms Alabama Masters Figure 40+
- Ms Alabama Women Physique /WMN BB
- Ms Alabama Masters Women Physique / BB 40+